

BrightCourseLessons

PREGNANCY ESSENTIALS:

PB-0362	Prenatal Care	18 mins
PB-0370	Eating for Two (2)	23 mins
PB-0004	Your Ultrasound Appointment	18 mins
PB-0007	Emotions of Pregnancy	25 mins
PB-0372	What is Safe in Pregnancy	24 mins
PB-0009	Bonding with Your Unborn Baby	19 mins
PB-0568	Your Unborn Baby's Secret World	18 mins
PB-0014	Big Belly Mom Hacks	28 mins
PB-0319	At Risk Pregnancy	24 mins
PB-0565	Expecting Twins & More	24 mins
PB-0697	Smoking and Alcohol Use During Preg	20 mins
PB-0703	Drug Use During Pregnancy	16 mins
PB-0861	BrightBaby: The Effects of Alcohol	2 mins
PB-0862	BrightBaby: Pregnancy Emotions and	2 mins
PB-0863	BrightBaby: The Effects of Smoking	2 mins

PREGNANCY OPTIONS:

PO-0141	B&M: Basic Decision Making Part 1	24 mins
PO-0142	B&M: Basic Decision Making Part 2	22 mins
PO-0802	Going It Alone	19 mins
PO-0660	DYSH: I Could Never Do That	15 mins
PO-0661	DYSH: What is Open Adoption	4 mins
PO-0662	DYSH: A Birth Mother's Bill of Righ	10 mins
PO-0663	DYSH: How do I Live With This Decis	13 mins
PO-0664	DYSH: Advice from Birth Moms	10 mins
PO-0665	DYSH: Courtney's Story	15 mins
PO-0666	DYSH: Hillary's Story	16 mins
PO-0667	DYSH: Morgan's Story	12 mins
PO-0668	DYSH: Leah's Story	14 mins

PREGNANCY MILESTONES:

PM-0371	TRI: Your First Trimester	30 mins
PM-0499	EXP: First Trimester Expectations	21 mins
PM-0373	TRI: Your Second Trimester	25 mins
PM-0500	EXP: Second Trimester Expectations	22 mins
PM-0374	TRI: Your Third Trimester	26 mins
PM-0383	The Final Stretch	21 mins

PREGNANCY MILESTONES: (cont.)

PM-0501	EXP: Third Trimester Expectations	23 mins
PM-0860	BrightBaby: Stages of Pregnancy	3 mins

LABOR, DELIVERY, AND FIRST WEEKS:

BB-0566	EXP: Labor Expectations	15 mins
BB-0481	Preparing for a C-Section	25 mins
BB-0363	Getting Ready: Nesting	20 mins
BB-0589	L&D: Labor and Delivery: Getting Re	23 mins
BB-0588	L&D: Labor and Delivery: Natural Co	23 mins
BB-0604	L&D: Labor and Delivery: Medical Pa	21 mins
BB-0610	L&D: Labor and Delivery: Training Y	21 mins
BB-0646	BB: Lesson 1: You Are In Control	24 mins
BB-0647	BB: Lesson 2: Your Body & Birth	24 mins
BB-0648	BB: Lesson 3: Pain & Natural Birth	33 mins
BB-0649	BB: Lesson 4: B.R.A.I.N. & Decision	16 mins
BB-0650	BB: Lesson 5: Medical Pain Relief,	20 mins
BB-0651	BB: Lesson 6: Planning for Birth	13 mins
BB-0652	BB: Lesson 7: Postpartum	14 mins
BB-0024	Taking Care of Yourself after Child	40 mins
BB-0318	Postpartum Depression	28 mins
BB-0639	FYB: Feeding Your Baby: The Bottle	21 mins
BB-0640	FYB: Breastfeeding - Getting Starte	20 mins
BB-0641	FYB: Breastfeeding - Successful Bre	22 mins
BB-0642	FYB: Breastfeeding - Problems and S	18 mins
BB-0643	FYB: Breastfeeding - Weaning	17 mins
BB-0384	Shaken Baby Syndrome	17 mins
BB-0630	Eye Contact Means Love	18 mins
BB-0567	Infant Temperament	21 mins
BB-0535	The Importance of Bonding	21 mins
BB-0021	Infant Expectations	20 mins
BB-0022	Infant Hygiene	22 mins
BB-0023	Simple Infant Care	19 mins
BB-0843	Premature Birth	19 mins
BB-0844	Navigating the NICU	21 mins
BB-0846	Premature Infant Milestones	17 mins

FIRST YEAR:

FY-0322	Mommy Work	16 mins
FY-0323	Being a Super Mom	19 mins
FY-0033	Car Seat Safety	39 mins
FY-0364	Mommy Nutrition	22 mins
FY-0035	Preventing Child Sexual Abuse	29 mins
FY-0037	SIDS	22 mins
FY-0326	Newborn Sickness	25 mins
FY-0626	Infant Accidents	17 mins
FY-0039	Infant CPR	20 mins
FY-0041	Infant Nutrition	22 mins
FY-0042	Baby On the Move	26 mins
FY-0375	Getting Your Baby to Sleep	18 mins
FY-0492	Crying	24 mins
FY-0448	Quality Child Care	21 mins
FY-0475	Understanding Your Infant	21 mins
FY-0477	INEX: 0-3 Months: Infant Expectatio	24 mins
FY-0478	INEX: 3-6 Months: Infant Expectatio	20 mins
FY-0479	INEX: 6-9 Months: Infant Expectatio	20 mins
FY-0480	INEX: 9-12 Months: Infant Expectati	19 mins
FY-0584	DUN: Dunstan Baby Language 1	10 mins
FY-0585	DUN: Dunstan Baby Language 2	23 mins
FY-0586	DUN: Dunstan Baby Language 3	10 mins
FY-0655	Teething Time	22 mins

TODDLER:

TP-0111	TMIL: Mommy Milestones	22 mins
TP-0112	TMIL: 12-15 Month Milestones	24 mins
TP-0113	TMIL: 15-18 Month Milestones	19 mins
TP-0114	TMIL: 18-24 Month Milestones	22 mins
TP-0115	TMIL: 24-36 Month Milestones	21 mins
TP-0455	Potty Training	25 mins
TP-0376	Tantrums	19 mins
TP-0365	Whining	18 mins
TP-0119	Siblings	25 mins
TP-0366	Sleeping, Bedtimes, Mornings	18 mins
TP-0377	Bonding with your Toddler	20 mins
TP-0367	Time With Toddler	19 mins
TP-0368	The Importance of Words	19 mins
TP-0369	I Can Do It Myself	20 mins
TP-0493	Toddler Play	22 mins
TP-0327	Toddler Accidents	24 mins
TP-0328	Toddler Safety	22 mins
TP-0329	Toddler Illness	24 mins
TP-0330	Toddler Nutrition	20 mins
TP-0331	Toddler Oral Health	22 mins

TODDLER: (cont.)

TP-0672 Getting Your Child to Eat 27 mins

PARENTING:

PP-0569 PWS: Parenting Without Shame Ch. 1 20 mins
 PP-0570 PWS: Parenting Without Shame Ch. 2 15 mins
 PP-0571 PWS: Parenting Without Shame Ch. 3 10 mins
 PP-0572 PWS: Parenting Without Shame Ch. 4 11 mins
 PP-0573 PWS: Parenting Without Shame Ch. 5 11 mins
 PP-0574 PWS: Parenting Without Shame Ch. 6 15 mins
 PP-0575 PWS: Parenting Without Shame Ch. 7 12 mins
 PP-0576 PWS: Parenting Without Shame Ch. 8 11 mins
 PP-0385 CRT: Creating Motivation 18 mins
 PP-0386 CRT: Creating Honesty 19 mins
 PP-0387 CRT: Creating Courage 18 mins
 PP-0388 CRT: Creating Kindness 19 mins
 PP-0389 CRT: Creating Confidence 21 mins
 PP-0390 ADHD 25 mins
 PP-0391 Autism 22 mins
 PP-0392 Strong-Willed Children 20 mins
 PP-0393 Child Anger 21 mins
 PP-0394 Sexual Behavior and Children 26 mins
 PP-0136 HNKBF: Monday: Wake Up to Reality 30 mins
 PP-0137 HNKBF: Tuesday: Caution: Children G 29 mins
 PP-0138 HNKBF: Wednesday: Staying Connected 29 mins
 PP-0139 HNKBF: Thursday: Check Your Attitud 32 mins
 PP-0140 HNKBF: Friday: The Amazing Race for 30 mins
 PP-0438 HNKBF: Funday: Leman Secrets for En 35 mins
 PP-0284 Single Parenting During Deployment 20 mins
 PP-0285 Reunited Parents: Family Unity On R 21 mins
 PP-0468 VPP: The 10 Best Gifts You'll Ever 36 mins
 PP-0469 VPP: How to Listen so Kids Will Tal 36 mins
 PP-0470 VPP: Discipline Isn't Spelled P-U-N 35 mins
 PP-0471 VPP: 10 Ways to Improve Your Child' 34 mins
 PP-0472 VPP: Caution: Anger Ahead 38 mins
 PP-0473 VPP: Birth Order and What You Need 35 mins
 PP-0474 VPP: Standing Up to the New Goliath 35 mins
 PP-0505 WM: Co-Parenting 27 mins
 PP-0699 WM: Words Matter - Hurtful Words 15 mins
 PP-0701 WM: Words Matter - Silent Words 15 mins
 PP-0702 WM: Words Matter - No Words 18 mins
 PP-0700 WM: Words Matter - Magic Words 24 mins
 PP-0755 SPW: Putting First Things First 28 mins
 PP-0756 SPW: Healing the Past, Looking to t 27 mins
 PP-0757 SPW: Creating Harmony with your Ex- 25 mins
 PP-0758 SPW: Helping Children Thrive in a S 24 mins

PARENTING: (cont.)

PP-0759 SPW: Learning to Discipline with Lo 24 mins
 PP-0760 SPW: Understanding Your Child's Per 26 mins
 PP-0796 RR: Guiding Teens: Know the River 31 mins
 PP-0797 RR: Guiding Teens: Know the Raft 31 mins
 PP-0798 RR: Guiding Teens: Know the Riders 29 mins
 PP-0799 RR: Guiding Teens: Know the Risks 31 mins
 PP-0800 RR: Guiding Teens: Know the Relatio 31 mins
 PP-0801 RR: Guiding Teens: Know the Reality 32 mins
 PP-0150 MCM: Dare to be Courageous 25 mins
 PP-0151 MCM: Why Kids Misbehave 27 mins
 PP-0152 MCM: Becoming the Parent that God W 25 mins
 PP-0153 MCM: Be Your Teenager's Best Friend 25 mins
 PP-0154 MCM: The ABC'S of Self-Esteem 25 mins
 PP-0155 MCM: Turning Everyday Hassles Into 25 mins

ONE HEART, TWO HOMES:

OH-0504 1H2H: There is Hope! (SFather) 29 mins
 OH-0506 1H2H: There is Hope! (SMother) 21 mins
 OH-0507 1H2H: There is Hope! (StF) 33 mins
 OH-0508 1H2H: There is Hope! (StM) 33 mins
 OH-0509 1H2H: Stable Parent, Stable Home (S 35 mins
 OH-0510 1H2H: Stable Parent, Stable Home (S 30 mins
 OH-0511 1H2H: Stable Parent, Stable Home (S 24 mins
 OH-0512 1H2H: Stable Parent, Stable Home (S 24 mins
 OH-0513 1H2H: Co-parent Communication (SFat 28 mins
 OH-0514 1H2H: Co-parent Communication (SMot 28 mins
 OH-0515 1H2H: Co-parent Communication (StF) 28 mins
 OH-0516 1H2H: Co-parent Communication (StM) 28 mins
 OH-0517 1H2H: Meetings & Handoffs (SFather) 29 mins
 OH-0518 1H2H: Meetings & Handoffs (SMother) 29 mins
 OH-0519 1H2H: Meetings & Handoffs (StF) 29 mins
 OH-0520 1H2H: Meetings & Handoffs (StM) 29 mins
 OH-0521 1H2H: Risks Children after Div (SFa 39 mins
 OH-0522 1H2H: Risks Children after Div (SMo 39 mins
 OH-0523 1H2H: Risks Children after Div (StF 39 mins
 OH-0524 1H2H: Risks Children after Div (StM 39 mins
 OH-0525 1H2H: Holidays, Sp Occ & School (SF 33 mins
 OH-0526 1H2H: Holidays, Sp Occ & School (SM 33 mins
 OH-0527 1H2H: Holidays, Sp Occ & School (St 33 mins
 OH-0528 1H2H: Holidays, Sp Occ & School (St 33 mins
 OH-0529 1H2H: Critical Issues (SFather) 36 mins
 OH-0530 1H2H: Critical Issues (SMother) 36 mins
 OH-0531 1H2H: Critical Issues (StF) 36 mins
 OH-0532 1H2H: Critical Issues (StM) 36 mins
 OH-0533 1H2H: Abuse, Addict & Aban (SFather 44 mins

ONE HEART, TWO HOMES: (cont.)

OH-0534 1H2H: Abuse, Addict & Aban (SMother 44 mins
 OH-0536 1H2H: Abuse, Addict & Aban (StF) 32 mins
 OH-0537 1H2H: Abuse, Addict & Aban (StM) 32 mins
 OH-0538 1H2H: Dating & Remarriage (SFather) 13 mins
 OH-0539 1H2H: Dating & Remarriage (SMother) 13 mins
 OH-0540 1H2H: Dating & Remarriage (StF) 30 mins
 OH-0541 1H2H: Dating & Remarriage (StM) 27 mins
 OH-0542 1H2H: Beyond Child Support (SFather 39 mins
 OH-0543 1H2H: Beyond Child Support (SMother 39 mins
 OH-0544 1H2H: Beyond Child Support (StF) 39 mins
 OH-0545 1H2H: Beyond Child Support (StM) 39 mins

LIFE SKILLS:

LS-0447 Taking Care of Your Hygiene 22 mins
 LS-0450 Screen Time and You 21 mins
 LS-0451 Depression and Suicide 25 mins
 LS-0452 Home Health 18 mins
 LS-0453 Anger Management 24 mins
 LS-0186 Fighting The Impulse to Spend 18 mins
 LS-0187 The Monster of Debt 18 mins
 LS-0188 Credit Cards, Friend or Foe? 18 mins
 LS-0189 Financial Emergencies 16 mins
 LS-0190 Budgeting 101 14 mins
 LS-0191 Credit Scores, the Good, the Bad, t 14 mins
 LS-0192 Buying a Car 19 mins
 LS-0193 Career or Job? Planning for More 16 mins
 LS-0194 Staying out of Debt 15 mins
 LS-0195 Your Financial Future 14 mins
 LS-0312 Helping Children Process Change 18 mins
 LS-0313 Family Stability Inside Change 21 mins
 LS-0314 Getting Established In a New Area 21 mins
 LS-0315 What Is a Family 18 mins
 LS-0317 Successful Family Living 22 mins
 LS-0494 Preparing for a Job - The Hard Trut 19 mins
 LS-0495 Finding a Job 18 mins
 LS-0496 Preparing for the Interview 16 mins
 LS-0497 At the Interview 17 mins
 LS-0498 Success at Work 16 mins
 LS-0103 CNFL: Conflict: The Art of Understa 24 mins
 LS-0104 CNFL: Conflict: Mastering Communica 20 mins
 LS-0811 Understanding Compassion Fatigue an 15 mins
 LS-0812 Caring for Self While You Care for 15 mins

SPECIAL CIRCUMSTANCES:

SC-0251	Healing from Abuse	19 mins
SC-0252	Post Abortion Healing	22 mins
SC-0253	Relationship Loss	21 mins
SC-0255	Pregnancy & Infant Loss	21 mins
SC-0590	TR UR: Why am I here?	7 mins
SC-0591	TR UR: The Root of Abandonment	13 mins
SC-0592	TR UR: The Root of Addiction	14 mins
SC-0593	TR UR: The Root of Abuse	13 mins
SC-0594	TR UR: The Root of Codependency	13 mins
SC-0595	TR UR: Where Do I Grow Now?	5 mins
SC-0598	TR AAR: Your Relationship: Healthy, Un	19 mins
SC-0599	TR AAR: Understanding Power and Contro	18 mins
SC-0600	TR AAR: Recognizing the Cycle of Abuse	16 mins
SC-0601	TR AAR: Warning Signs of Unhealthy Peo	18 mins
SC-0602	TR AAR: Can an Abuser Change?	18 mins
SC-0603	TR AAR: Reclaiming Your Value & Experi	18 mins
SC-0721	KHH: Acknowledge where you are now	10 mins
SC-0722	KHH: You are not alone	9 mins
SC-0723	KHH: Freedom from anger through for	8 mins
SC-0724	KHH: Moving through grief	11 mins
SC-0725	KHH: Walking in confidence and hope	9 mins
SC-0726	KHH: Giving hope to others	8 mins
SC-0769	MKHH: Acknowledge Where You Are Now	13 mins
SC-0770	MKHH: You are not alone	10 mins
SC-0771	MKHH: Freedom from anger through fo	12 mins
SC-0772	MKHH: Moving through grief	9 mins
SC-0773	MKHH: Walking in confidence and hop	13 mins
SC-0795	MKHH: Giving hope to others	10 mins
SC-0776	TR UT: Naming Trauma	11 mins
SC-0777	TR UT: Our Trauma is Not our Identity	9 mins
SC-0778	TR UT: Shame and Other Useless Things	10 mins
SC-0779	TR UT: Hard Days: Self-Help is Not Sel	10 mins
SC-0780	TR UT: Boundaries and Seeking Help	14 mins
SC-0781	TR UT: Understanding Trauma - What Doe	9 mins
SC-0815	CA: Child Abuse: Navigating Discipl	17 mins
SC-0816	CA: Child Abuse: Breaking the Silen	16 mins
SC-0817	IPV: IPV- Recognizing and Respondin	24 mins
SC-0818	IPV: IPV- Reclaiming Your Identity	16 mins
SC-0160	TR URM: Why Am I Here?	8 mins
SC-0161	TR URM: The Root of Abandonment	16 mins
SC-0162	TR URM: The Root of Addiction	20 mins
SC-0163	TR URM: The Root of Abuse	20 mins
SC-0164	TR URM: The Root of Codependency	15 mins
SC-0165	TR URM: Where Do We Grow From Here	6 mins

LOVE, RELATIONSHIPS, & SEXUAL WHOLENESS

LL-0558	Sex is Awesome!	8 mins
LL-0559	Pregnancy is Not a Disease	14 mins
LL-0560	STIs	19 mins
LL-0561	Character	18 mins
LL-0562	Dangers of Porn	17 mins
LL-0563	Your Heart	17 mins
LL-0564	Protect Yourself	15 mins
LL-0378	LL: Sex and You	26 mins
LL-0379	LL: The Heart of the Matter	22 mins
LL-0380	LL: STD/STI Avoidance	19 mins
LL-0381	LL: Choosing Marriage	20 mins
LL-0382	Making the Commitment	18 mins
LL-0120	TWST: Talking With Kids About Sex	23 mins
LL-0121	TWST: Confronting the Past	29 mins
LL-0122	TWST: Pregnancy and Abortion	29 mins
LL-0123	TWST: Spiritual & Emotional Consequ	33 mins
LL-0124	TWST: Dating and Relationships	34 mins
LL-0125	TWST: Image Bearers At Heart	40 mins
LL-0857	RSIQ: Introduction	11 mins
LL-0848	RSIQ: Sex is a Binary - Male and Fe	13 mins
LL-0849	RSIQ: What Women Need to Know About	22 mins
LL-0850	RSIQ: What Men Need to Know About W	15 mins
LL-0851	RSIQ: What We Need to Know About Ou	21 mins
LL-0852	RSIQ: Battle FOR the Sexes, Not Aga	20 mins
LL-0853	RSIQ: Marriage Matters	14 mins
LL-0854	RSIQ: The Blessing of Children	12 mins
LL-0855	RSIQ: The Joy of Embracing God's De	13 mins

WHOLE-PERSON DESIGN: BIOLOGY WITH PURPOSE:

SW-0143	TR CW: Cycle Wise: Your Body is Tellin	23 mins
SW-0144	TR CW: Cycle Wise: Hormone Genius	21 mins
SW-0145	TR CW: Cycle Wise: Hack Your Cycle	21 mins
SW-0146	TR CW: Cycle Wise: Cycle Tracking	21 mins
SW-0147	TR CW: Cycle Wise: Period Problems	22 mins
SW-0148	TR CW: Cycle Wise: Family Planning 101	22 mins
SW-0149	TR CW: Cycle Wise: What Every Guy Need	15 mins
SW-0832	PTGC: Gender Dysphoria & Biological	15 mins
SW-0833	PTGC: Gender-Affirming Care Isn't W	16 mins
SW-0835	PTGC: Gender Affirming Care: Not Wo	22 mins
SW-0836	PTGC: Growing Your Relationship wit	12 mins
SW-0837	PTGC: Influences on Your Child	16 mins
SW-0838	PTGC: Helping child have positive v	19 mins

WHOLE-PERSON DESIGN: BIOLOGY WITH PURPOSE: (cont.)

SW-0839	PTGC: Identity in Christ Foundation	19 mins
SW-0840	PVB: Positive View Body, Gender, an	13 mins
SW-0841	PVB: Positive View Body, Gender, an	12 mins
SW-0858	TMIS: The Me I See for Him	24 mins
SW-0859	TMIS: The Me I See for Her	22 mins

POSITIVE PARTNERSHIPS:

RS-0692	PP: Boundaries	28 mins
RS-0775	PP: Unhealthy Boundaries	21 mins
RS-0693	PP: Cohabitation	17 mins
RS-0694	PP: Making Marriage Choice	24 mins
RS-0695	PP: Staying Married	20 mins
RS-0696	PP: Single Parenting	17 mins
RS-0762	MMM: Designed to be Different	26 mins
RS-0763	MMM: Where Have all the Flowers Gon	25 mins
RS-0764	MMM: Striking the Perfect Match	25 mins
RS-0765	MMM: Looking for Love in Two Specia	24 mins
RS-0766	MMM: Don't Rock the Jukebox	31 mins
RS-0767	MMM: Sex Begins in the Kitchen	26 mins
RS-0768	MMM: Enjoying the Journey	29 mins
RS-0126	BPHBF: Before All of Us Say I Do	25 mins
RS-0127	BPHBF: With These Kids I Thee Wed	25 mins
RS-0128	BPHBF: Blending Without Colliding	26 mins
RS-0129	BPHBF: Surviving Birth Order Blende	26 mins
RS-0130	BPHBF: Same Language-Different Dial	25 mins
RS-0131	BPHBF: Look at Life Through Mate's	26 mins

BEING A FATHER:

PF-0489	TFA: Taking Care During Pregnancy	27 mins
PF-0490	TFA: Taking Care During Birth	26 mins
PF-0491	TFA: Taking Care them Postpartum	26 mins
PF-0698	TFA: Baby Care Basics for Dads	19 mins
PF-0482	BAF: The Two Questions	24 mins
PF-0483	BAF: Real Time	25 mins
PF-0484	BAF: Being a Role Model	22 mins
PF-0485	BAF: Being a Leader	23 mins
PF-0486	BAF: Being Consistent	18 mins
PF-0487	BAF: Loving Discipline	22 mins
PF-0488	BAF: Practical Discipline	23 mins
PF-0794	BAF: Respect for Mothers	24 mins

BEING A FATHER: (cont.)

PF-0866	BTL: Hero, Villain, or Ghost?	11 mins
PF-0867	BTL: What Are You Aiming For?	9 mins
PF-0868	BTL: He Sees You Today	10 mins
PF-0869	BTL: You're Still on the Clock	10 mins
PF-0870	BTL: Fighting the Right Battles	11 mins
PF-0871	BTL: Legacy Through Presence	10 mins
PF-0872	BTL: Built to Lead	10 mins

CLIENT PROMOTIONAL ITEMS:

CP-0503	Promo (All Lessons, English)	1 mins
CP-0596	Promo & Lesson List - Public	1 mins

BIBLE STUDY:

BS-0577	TR GGYW: Offering Our Worst to God	18 mins
BS-0578	TR GGYW: The Painful Truth and Forgive	19 mins
BS-0579	TR GGYW: From Sinner to Saint	15 mins
BS-0580	TR GGYW: The Truth Shall Set You Free	23 mins
BS-0581	TR GGYW: Surrendering Our Weakness	18 mins
BS-0582	TR GGYW: Gaining Victory	20 mins
BS-0607	UDL: The Bible	14 mins
BS-0606	UDL: Grace & Commands	13 mins
BS-0628	UDL: The King Among the Cows	13 mins
BS-0631	UDL: The Faithful Fishermen	13 mins
BS-0633	UDL: The Servant Above the Served	14 mins
BS-0634	UDL: The Greatest Dying for the Lea	11 mins
BS-0637	UDL: The Guilty in Heaven	12 mins
BS-0623	TR UTG: Identity Matters - The Key Exi	18 mins
BS-0624	TR UTG: Receiving Jesus as My Savior	14 mins
BS-0625	TR UTG: Recognizing Satan	20 mins
BS-0613	TR DS: Your Unwritten Autobiography	31 mins
BS-0614	TR DS: How the Story Starts	32 mins
BS-0615	TR DS: A True Story	30 mins
BS-0616	TR DS: The Story of the World	31 mins
BS-0617	TR DS: The Story of the Flesh	26 mins
BS-0618	TR DS: The Story of the Devil	28 mins
BS-0619	TR DS: Truth and Emotions	29 mins
BS-0620	TR DS: Forgiving From the Heart	33 mins
BS-0621	TR DS: Walking Into the Next Chapter	33 mins
BS-0622	TR DS: Action Story	32 mins
BS-0820	NM: Introduction	7 mins
BS-0821	NM: Pregnancy	12 mins
BS-0822	NM: Growing in Confidence	18 mins
BS-0823	NM: Embracing Change	20 mins
BS-0824	NM: Comparison	11 mins
BS-0825	NM: Surrender Unpredictability	14 mins
BS-0826	NM: Postpartum Body Image	10 mins
BS-0827	NM: Who to Listen To	23 mins
BS-0828	NM: What I Wish	20 mins
BS-0829	NM: Unseen Holiness of Motherhood	7 mins

Abbreviations

1H2H - One Heart, Two Homes	KHHM - Keys to Hope and Healing: Men
1H2H-S - One Heart Two Homes Spanish	L&D - Labor and Delivery
AAR - Abuse Awareness and Recovery	L&D-S - Labor de Parto y Nacimiento
ARMS - Abuse Awareness and Recovery	LL - Love Lessons
B&M - Baby and Me	MCM - Making Children Mind without Losing Yours
BAF - Being a Father	MKHH - Men's Keys to Hope and Healing
BB - BrightBirth	MMM - Making the Most of Marriage
BBA - BrightBirth Academy	NM - Navigating Motherhood
BPHBF - Bringing Peace and Harmony to the Blended Family	OBT - Board Training
BSS - Breaking the Shackles of Shame	PCI - Practicality of Client Interactions
BTL - Built to Lead	POCI - Philosophy of Client Interactions
CA - Child Abuse	PP - Positive Partnership
CCRA - Courageous Conflict Resolution	PTGC - Parenting Through Gender Confusion
CGH - Client Greeting & Handling	PVB - Positive View Body
CNFL - Conflict	PWS - Parenting Without Shame
CRT - Creating	RAMV - Running the AM/AV Visit
CTIE - Creating a Trauma Informed Environment	RR - Running the Rapids
CW - Cycle Wise	RSIQ - Raise Your Sex IQ
CYC - The Culture of Your Center	RTEV - Running the Educational Visit
DDYH - Do You See Her?	SHARE - Sexual Health and Relationship Education
DS - Disciple	SPW - Single Parenting that Works
DUN - Dunstan	TFA - The Fatherhood Adventure
DYSH - Do You See Her?	TMIL - Toddler Milestones
EFBSF - Empowering Fathers	TMIS - The Me I See
EXP - Expectations	TMLS-S - Toddler Milestones Spanish
EXPT-S - Expectations Spanish	TRI - Trimester
EYC - Elevate Your Center	TWST - The Whole Sex Talk
FCIM - Unlocking the Gospel	UDL - Upside Down Love
FYB - Feeding Your Baby	UR - Unraveled Roots
FYB-S - Feeding Your Baby Spanish	URM - Unraveled Roots for Men
GGYW - Giving God Your Worst	US - Understanding Shame in Your Client's Lives
HNKBF - Have A New Kid by Friday	UT - Understanding Trauma
HOSS - The Heart of Safety & Security	UTG - Unlocking the Gospel
HOSSA - The Heart of Safety & Security: Administrator	VPP - Value Packed Parenting
INEX - Infant Expectations	WM - Words Matter
IPV - Intimate Partner Violence	WYIOH - When You are In Over Your Head
KHH - Keys to Hope and Healing	